

For **\$10.60 an hour**, community-based direct support professionals (DSPs) serve up to 3 to 6 Texans with intellectual and developmental disabilities (IDD) every day, performing responsibilities that include:



TEACHING, TRAINING, AND INDIVIDUALIZED SUPPORT

- ▶ Skills of daily living
- ▶ Social and interpersonal skills
- ▶ Communication skills and mobility training
- ▶ Interacting with non-verbal individuals
- ▶ Supporting employment and recreational activities
- ▶ Person-centered goals
- ▶ Community integration and outings
- ▶ Transportation

MANAGE AND REPORT INCIDENTS

- ▶ Risk of injury to client and staff
- ▶ Often work alone
- ▶ Exercising judgment in responding to and intervening in medical, behavioral, and other emergencies according to each person's plan of care, state regulations, and provider policy

MANAGE MALADAPTIVE BEHAVIORS

- ▶ Physical aggression
- ▶ Property destruction
- ▶ Aberrant sexual behavior
- ▶ Self-injurious behavior
- ▶ Self-stimulation
- ▶ Verbal aggression
- ▶ Stealing
- ▶ Runaway behavior (unauthorized departure)
- ▶ Resistant behavior
- ▶ Unusual/bizarre behavior
- ▶ Compulsive behavior
- ▶ Disruptive behavior
- ▶ Mood problems
- ▶ Eating behavior



DELEGATED NURSING TASKS

- ▶ Preparing, administering and monitoring medications
- ▶ Administration of medications via gastrostomy or jejunostomy tubes
- ▶ Administration of medications sublingually
- ▶ Administration of ear drops, eye drops, nose drops, and nasal spray
- ▶ Apply topical medications
- ▶ Administration of suppositories (rectal/vaginal)
- ▶ Administration of oxygen (non-acute)
- ▶ Administration of inhalation medication-routine/prophylaxis
- ▶ Administration of insulin
- ▶ Administration of medications via pill reminder box



TUBE FEEDING

- ▶ Demonstrated competency in procedure for meal preparation
- ▶ Meal preparation
- ▶ Demonstrated competency in procedure for feeding
- ▶ Feeding and irrigation via gastrostomy or jejunostomy



TRANSFER/AMBULATION/ POSITIONING

- ▶ Demonstrated competency in proper transfer procedures
- ▶ Transfer procedures
- ▶ Demonstrated competency in ambulation assistance
- ▶ Ambulation assistance
- ▶ Demonstrated competency in proper positioning procedures
- ▶ Positioning procedures



VITALS



SEIZURE MANAGEMENT



INCONTINENCE MANAGEMENT



SKIN

Described/explained procedures for skin with:

- ▶ Stage 1 decubitus routine care (blanches & pressure)
- ▶ Low-risk infection of skin
- ▶ Non-invasive and non-sterile treatments with low risk of infection
- ▶ Sterile procedures involving wounds or anatomical sites that could possibly be infected
- ▶ Routine skincare



BASIC NEEDS AND HYGIENE

- ▶ Demonstrated competency in proper hygiene assistance
- ▶ Bathing
- ▶ Hair washing
- ▶ Brushing teeth
- ▶ Toileting
- ▶ Dressing
- ▶ Grooming
- ▶ Elimination
- ▶ Measuring height and weight
- ▶ Demonstrated proper procedures to weigh a person and measure a person's height
- ▶ Demonstrated competency in exercise/range of motion
- ▶ Exercise/range of motion
- ▶ Preparing special diets
- ▶ Mealtime assistance
- ▶ Handwashing
- ▶ Changing diapers
- ▶ Completing assessments of daily living and making key observations that determine implementation plan



STOMA CARE

- ▶ Demonstrated competency in stoma care
- ▶ Providing stoma care



HOME MANAGEMENT

- ▶ Notifying management of any maintenance issues
- ▶ Cleaning and disinfecting common areas



TRACH/VENTILATOR/ INSULIN PUMP CARE

- ▶ Demonstrated competency in proper procedures for trach/ventilator/insulin pump care
- ▶ Trach care procedures including instilling normal saline, routine suctioning, routine oxygen
- ▶ Ventilator care
- ▶ Insulin pump



DOCUMENTATION

- ▶ Service delivery log
- ▶ Census
- ▶ Medication administration record
- ▶ Vitals
- ▶ Medically related documents
- ▶ IP – measurable outcomes
- ▶ Incidents document observations
- ▶ Observation notes
- ▶ Follow-ups



REQUIRED TRAINING

- ▶ CPR
- ▶ Client rights
- ▶ Abuse, neglect, and exploitation
- ▶ Infection control
- ▶ Delegated tasks
- ▶ Company policy
- ▶ HHS new initiatives



EMERGENCY DRILLS AND ALARM SYSTEMS

- ▶ Fire
- ▶ Tornado
- ▶ Flood
- ▶ Hurricane
- ▶ Operate alarm systems